



Palm Bay Primary School - Summer Eco-challenge

How many of these challenges can you do? Colour in the square when you have completed one and see if you can get a line across, down or diagonally, or maybe you can complete them all.

Bring your completed sheets into school at the start of September and there will be a prize for the children that complete the most!

Please share any photographs that you take of your challenges to nicolapage@palmbay.uk

<p> With your family, join a volunteering event near where you live or do your own litter pick in your local park.</p>	<p> Cook and eat a vegetarian meal. If you already do this, cook a vegan meal. If you already do this, get three friends or family members to do it too.</p>	<p> Get by without using electricity for a day. Or if this is too challenging - try to cut down the amount that you use.</p>	<p> Grow your own lettuce so you don't have to buy plastic wrapped salad.</p>	<p> Think of three ideas on how to save water in your home and implement them.</p>
<p> Make a meal using leftovers.</p>	<p> Watch an eco themed documentary with your parents - maybe one of these? - A Life on our Planet , Beavers without borders, The People vs Climate Change, 2040, Kiss The Ground.</p>	<p> Find an item of clothing that needs mending and learn how to fix it.</p>	<p> Only walk, cycle and scoot for seven days.</p>	<p> Visit three parks in the local area.</p>
<p> If you have outside space, make a log pile or a bug hotel. If you've a lawn, let an area of grass grow and only cut it at the end of the summer.</p>	<p> Capture ten pictures of nature and include at least one butterfly, one bee, one lichen and one spider.</p>	<p> Do some research into an endangered animal and share what you find out by making a poster or powerpoint.</p>	<p> Take part in the Stagecoach/TDC art competition - find details in the school newsletter or on your Google Classroom.</p>	<p> Have a picnic in the park with friends.</p>
<p> Stay up late stargazing. What constellations can you see?</p>	<p> Turn off the TV and have a board game night.</p>	<p> Play frisbee golf at the beach with some friends.</p>	<p> Take part in an outdoor scavenger hunt. - scavenger hunt</p>	<p> Collect some leaves and make a leaf collage picture.</p>
<p> Go on a minibeast safari - safari sheet</p>	<p> Grow some cress seeds and then use the cress in a sandwich or salad.</p>	<p> Go to the library and borrow the latest bestseller by your favourite author.</p>	<p> Take a refillable water bottle on your day trips out.</p>	<p> Come up with your own challenge! _____ _____</p>

Name: _____

Class: _____